



Building a Stretcher

Take two spars, and lie them down approximately shoulder-width apart.



Start with a clove-hitch at one end of one of the spars, and then construct the stretcher as per the photograph, winding the sisal around the spar at each turn. Finish the weaving with a second clove hitch.



Cover the sisal with material to make the stretcher more comfortable before attempting to move the casualty.



There are different examples of stretchers that you can make in the Scouting Trail.

